

# BRUNCH

## Smoothies

**Morning Glory** 6 *v, gf*  
Apple Juice, Strawberry, Coconut & Banana

**Weekend Warrior** 6 *gf*  
Banana, Flax, Peanut Butter, Low-Fat Vanilla  
Yogurt & Apple Juice

**Green Monster** 6 *v, gf*  
Apple Juice, Carrot, Kale, Cucumber & Olivello

## Natural Refreshments

**Andy's Elixir** 5  
Olivello Juice, Agave Nectar & Soda Water

**Medicine Man (Antioxidant Blast)** 6  
Olivello Juice, Pomegranate Juice, Cranberry Juice,  
Black Tea, Soda Water & Muddled Blueberry

**The Natural** 4  
Fresh Ginger, Agave & Soda

**Cucumber Refresher** 4  
Cucumber & Honey Lemonade

**Red Moon** 4  
Pink Grapefruit, Yuzu, Agave & Soda

**New Dew** 4  
Honeydew Mint & Lime

**Green Arnie** 5  
Matcha Green Tea & Honey Lemonade

**Hangover Rx** 5  
Coconut Water, Honeydew Melon & Pineapple

**Honey Lemonade** 3  
House Lemonade Blend & Local Honey

**Oogave Natural Sodas** 4  
Cola (Bottle), Mandarin Key Lime, Ginger Ale

# True Food

kitchen

GLOBALLY INSPIRED CUISINE

Fashion Island | 451 Newport Center Dr.  
949.644.2400 | www.foxrc.com

\*These items may be served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

## Starters

**Miso Soup** 6 *v*  
Asian Mushroom & Scallion

**Herb Hummus** 9 *veg*  
Pita Bread, Tomato, Onion & Feta

**Edamame Dumplings** 9 *veg*  
Daikon Radish & White Truffle Oil

**Shiitake Mushroom Lettuce Cups** 8 *v*  
Ginger, Tofu, Cashew & Toasted Garlic

**Shrimp Dumplings\*** 11  
Shiitake Mushroom, Ginger & Cilantro

**Caramelized Onion Tart** 9 *veg*  
Smoked Garlic, Black Fig & Gorgonzola

**Local Vegetable Crudités** 10 *gf, veg*  
Two Dips: Tzatziki & Black Olive

**House Smoked Salmon** 12  
Greek Yogurt & Pita Chip

**Today's Raw Fish\*** MP

## Salads

**Tuscan Kale** 7 *veg*  
Lemon, Parmesan & Bread Crumb

**Farm Vegetables** 10 *gf, veg*  
Manchego Cheese, Pistachios & Sesame Chili Vinaigrette

**Summer Chopped** 11 *veg*  
Snap Pea, Strawberry, Walnut, Goat Cheese & Balsamic

**Quinoa Tabbouleh** 10 *v, gf*  
Local Arugula, Beet, Raspberry, Lemon & Cold Pressed  
Olive Oil

**Chicken Chopped\*** 14 *gf*  
Mango, Apple, Avocado, Almond, Manchego Cheese  
& Champagne Vinaigrette

**Heirloom Tomato & Watermelon** 11 *gf, veg*  
Goat Cheese, Roasted Cashew & Cold Pressed Olive Oil

## Sandwiches

**Shaved Turkey** 11  
Provolone, Tomato, Onion, Grape, Yogurt Dressing & Warm Pita

**Open-Faced Columbia River Steelhead  
Salmon\*** 15  
Shiso, Lime, Avocado & Cilantro Aioli

**Turkey Burger\*** 12  
Provolone, Lettuce, Tomato, Avocado & Flax Seed Bun

**Andy's Favorite "TLT"** 10 *veg*  
Tempeh, Lettuce, Tomato, Avocado Mayo & Whole Grain Bread

**Wild Ahi Sliders\*** 13  
Radish, Avocado, Cucumber & Wasabi Aioli

*v: Vegan veg: Vegetarian gf: Gluten free*

## Breakfast

**Banana, Espresso, Pistachio & Date Muffin** 3

**Antioxidant Muffin** 3  
Cranberry, Blueberry & Olivello Glaze

**Egg White Sandwich\*** 8  
Turkey Bacon, Provolone, Tomato & Mayo

**Tofu Scramble Wrap** 8 *v*  
Soy Chorizo, Pasilla & Anasazi Bean

**Two Organic Eggs\*** 8 *gf*  
Turkey Bacon & Sweet Potato Hash

**Open-Faced Egg White Omelet\*** 9 *gf*  
Mushroom, Kale, Truffle Oil & Parmigiano

**Greek Frittata\*** 9 *gf*  
Organic Egg, Tomato, Onion, Kalamata Olive, Feta & Oregano

**Quinoa Blueberry Johnny Cake** 8  
Pure Maple Syrup & Greek Yogurt

**Market Vegetable Scramble\*** 10  
Sweet Potato Hash, Onion & Two Eggs

**Breakfast Burrito\*** 9  
Egg, Turkey Bacon, Provolone, Anasazi Beans & Salsa

**Pizza** *All Pizzas made with  
Organic Flour, Spelt & Flax Seed*

**Organic Tomato & Olive Oil (No Cheese)** 10 *v*

**Chicken Sausage** 12  
Tomato, Fennel & Fontina

**Roasted Eggplant** 11 *veg*  
Smoked Mozzarella, Red Onion & Marjoram

**Wild Mushroom** 11 *veg*  
Roasted Garlic & Tuscan Kale

**Smoked Salmon** 12  
Tzatziki, Red Onion & Organic Egg

## Entrées

**Spaghetti Squash Casserole** 13 *gf, veg*  
Fresh Mozzarella, Organic Tomato & Zucchini

**Natural Beef & Black Rice Stir Fry\*** 15 *gf*  
Broccoli, Scallion & Shiitake Mushroom

**Panang Curry\*** 16 *gf*  
Chicken, Brown Rice, Potato, Broccoli, Ginger, Carrot,  
Lemongrass & Coconut Broth

**Halibut Street Tacos\*** 16 *gf*  
Avocado, Anasazi Bean & Roasted Tomato Salsa

**Turkey Bolognese** 14 *gf*  
Brown Rice Penne & Parmesan

**Organic Ricotta Ravioli** 13 *veg*  
Maitake Mushroom, Red Pepper & Kale Pesto

**Teriyaki Brown Rice Bowl** *v*  
Asian Vegetable, Sesame & Avocado  
*choice of:* Tofu 12 • Chicken 14 • Shrimp 16

**Steak Tacos\*** 14 *gf*  
Avocado, Cotija Cheese, Anasazi Bean & Tomatillo Salsa

